

# Clarification

Know exactly what it is you want and be 100%, on fire, passionate about it.



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*Embrace your true self – find the life and work you love*

# Illustration

Write down your goals and make them measurable.



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# Contemplation

You have to see the reaching before  
you can do the reaching.



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# Activation

The only way to make sure your goal continues to move toward you, is for you to consistently move toward it.



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