



Joel Boggess

[www.4PointsCoaching.com](http://www.4PointsCoaching.com)

Embrace your true self – find the work you love

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## **Freedom Club Outline**

Coaching sessions can be recorded (through Skype) and made available to the client in audio format, the same day of the session.

### **I. Passion**

#### **Pre-work for 1<sup>st</sup> session**

- Complete 4 Points Coaching Personality & Career online report
- Join [www.48days.net](http://www.48days.net) the Social and Idea Network
- Join the *Freedom Club* inner circle <http://tfc.4pointsoaching.com>
- Read Part 1 Strengths Finder 2.0 hardback book
- Complete Strengths Finder 2.0 assessment (book & instructions arriving via mail)
- Read chapters 1 & 2 (48 Days to the Work You Love)

#### **Goals**

- Identify distinctions between job – career – vocation
- Strengths Finder 2.0 debrief
- Identify gifts and talents

### **II. Personality**

#### **Pre-work for next session:**

- Tap others on the shoulder - “Reaching out” exercise (Resources available on website)
- Read chapter 5 in the (48 Days *book*) “Am I an Eagle or an Owl?”
- Journaling on-the-go –
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## **Goals**

- DISC online personality and career assessment debrief
- Identify core personality style
- Keys to motivation
- Zero in on ideal working environment

## **Pre-work for next session**

- Begin meditation and reflective prayer exercise “*sitting for ideas*”
- Read chapter 3 in the *48 Days* book “Creating a Life Plan”
- Participate in two online discussions in the [www.48days.net](http://www.48days.net) community

## **III- Purpose**

## **Goals**

- Personal vocational mission statement exercise

## **Pre-work for next session**

- Finishing touches on mission/purpose statement if needed (email to coach 24 hours before the next session.)
- Complete the life plan worksheet (available at [www.4pointiscoaching.com](http://www.4pointiscoaching.com) under resources > worksheets) (Please email this to your coach 24 hrs before your scheduled session.)
- Read chapter 4 in the *48 Days* book “Wheels, Goals, and Clear Action”

## **Goals**

- Review and discuss final draft for Life Plan
- Illustrate the interconnectivity of the seven areas of life.
- Discuss and begin setting goals for all seven life areas (physical, personal development, career, financial, family, health/fitness, and social)
- Develop timelines and benchmarks to measure success and achievement

### **Pre-work for next session**

- Put the finishing touches on your strategic goal plan
- Start your own discussion in the [www.48days.net](http://www.48days.net) community
- Begin immediately taking steps toward your goals; as Stephen Covey says, "Make daily deposits."

### **Goals**

- Identify resources (materials, ideas) that will help you achieve your goals and move you into the life you want.
- Build board of advisers

## **IV. Plan - Finding the Work You Love**

*We can make our plans but the Lord determines the right answer.*  
(Pro 16:1 NLT)

*We can make our plans but the Lord determines our steps.* (Pro 16: 9)

### **Pre-work for next session**

- Traditional-Read chapters 6-9 (48 Days to the Work You Love)
- Ideal Career Exercise
  
- Entrepreneur-Read chapter 10 (48 Days to the Work You Love)
- Further reading CH 11-12 (48 Days to the Work Your Love)

### **Goals**

- Traditional:
  - High Potential Careers
  - Resume review
  - Strategic job search strategies
  - Targeting opportunities
  - Networking
  - Interview preparation
  
- Entrepreneur:
  - Discuss 18 questions
  - Creating a business plan
  - Discuss specific business opportunities
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## **Goals**

- Tying it all together (Funnel: mission, goals, talents, strengths, actions)
- Work on specific areas of interest, unresolved questions, mock presentations if needed